



PATIENT AGREEMENT TO TRADITIONAL MISTLETOE THERAPY

I understand that:

1. Mistletoe Therapy does not replace conventional cancer treatment
2. There is documented research that supports the benefits of Mistletoe Therapy in the treatment of cancer, but that in mainstream medicine the evidence for efficacy is being debated and generally not considered strong enough
3. These benefits are: improvement of quality of life (there is consistent evidence for this), and overall survival (there is less robust evidence for this)
4. The available trials and documentation confirm that mistletoe is safe, and that
 - a. mistletoe is used safely in combination with mainstream cancer treatments; there is less experience with some of the newer targeted therapies (e.g. lapatinib)
 - b. there is good evidence that Mistletoe Therapy can moderate side effects from mainstream treatments (chemotherapy and radiotherapy)
 - c. serious and potentially harmful allergic reactions to Mistletoe are very rare, but possible. The doctor has explained the circumstances in which allergic reactions are more likely to occur, and what measures will be taken to prevent and treat such occurrences. These circumstances are:
 - i. resuming treatment after a pause (of 2 or more months)
 - ii. changing from one host-tree preparation to another (e.g. from Pini to Mali)
 - iii. changing from one brand to another (e.g. Iscador to Abnobaviscum)
 - iv. changing the route of administration (e.g. from skin injections to intravenous)
 - v. unexplained
5. I can stop Mistletoe Therapy at any time, without causing harm
6. The following signs and symptoms are typical of a desirable immune response and are not harmful in themselves:

- a. Local: inflammation of the skin at the injection site(s); when using high doses in some cases these skin sites have been reported to blister
- b. General: flu-like symptoms, including headaches and nausea, chills and fever, particularly with high doses of mistletoe

7. Iscador® has a limited licence (Product License of Right) in the UK, and a full licence in Germany, Austria and Switzerland; Abnobaviscum® and Helixor® are fully licensed in Germany and in a few other countries, but not in the UK.

I am satisfied that I have been given a good understanding of the aims of Mistletoe Therapy, its likely benefits, effects, possible side effects and safety aspects. My questions and concerns have been addressed and I have been given details in person, in written form and from independent websites to access to additional information about Mistletoe Therapy.

Patient / identifier label:

Signature of patient: _____

Date: _____

Signature of Consenting Doctor: _____

Date: _____

REFERENCES ON REQUEST